Dear passenger,

Accordding to the Ministerial order stipulating the health security measure of self-isolation, Class: 501-01/20-01/06, Numbers: 534-02-20-1 to 534-02-20-6, issued on 14, 16, 19, 20 and 21 March 2020., you are required to submit to self-isolation if you are arriving from a country reporting wide spread or local transmission of coronavirus disease COVID-19 during 14 days.

A person who falls ill with COVID-19 is infectious for contacts from the very beginning of illness, when the symptoms are still mild and may transmit the virus 1-2 days before onset of symptoms. The purpose of self-isolation is to minimize the number of contacts who may be infected in case you fall ill, in order to minimize disease transmission in the community.

Please proceed to your designated accommodation by the shortest route and when you arrive (or next morning, if you arrive during the night) contact the epidemiologist responsible according to the county of your accommodation by telephone. The list of county epidemiologists’ mobile phone numbers is provided below.

During the self-isolation period do not leave your accommodation.

If you develop symptoms of respiratory disease (fever, cough, shortness of breath, difficulty of breathing, sore throat, malaise), contact the Emergency medicine service (telephone 112, or 194 if in Zagreb) and the epidemiologist according to your place of stay, who will decide on the need of testing for coronavirus.

If you require medical assistance for reasons which are not related to respiratory disease, contact the Emergency medicine service (telephone 112, or 194 if in Zagreb) or ask your fellow passenger or accommodation owner to contact a doctor for you. Do not go to medical institutions on your own, without contacting the institution by telephone in advance.

Minimize the number of your social contacts during the self-isolation period only to persons who you need to meet of essential purposes, e.g. delivery of medicines, food, household necessities. Avoid physical contact and keep distance from others of at least 2 meters. Pay special attention to avoid contact with senior citizens and persons with chronic illnesses.

Wash hands frequently. Take special care to clean surfaces and objects you come in contact with in order to reduce risk of spread of the virus to household members. Regular cleaning detergents with declared disinfecting properties are suitable. Frequently ventilate the room you use by opening windows with closed doors.

You can find more information on coronavirus and methods to prevent disease on web pages of the Croatian Institute of Public Health <https://www.hzjz.hr/sluzba-epidemiologija-zarazne-bolesti/koronavirus-najnovije-preporuke/>

Mobile phone numbers of county epidemiologists you should contact upon arrival to your destination/accommodation are listed in the table below.

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| --- | --- |
| County epidemiologists’ mobile phone numbers | |
| ZZJZ "Dr. Andrija Štampar", Zagreb City | 091 46 96 444 |
| ZZJZ Krapinsko-zagorske | 099 245 55 45 |
| 091 730 79 13 |
| 091 510 31 65 |
| ZZJZ Sisačko moslavačke | 098 29 35 78 |
| 098 293576 |
| 098 29 35 72 |
| 098 981 32 73 |
| ZZJZ Karlovačke | 098 247 630 |
| ZZJZ Varaždinske | 099 211 98 02 |
| ZZJZ Koprivničko križevačke | 098 59 22 15 |
| ZZJZ Bjelovarsko bilogorske | 098 49 20 24 |
| ZZJZ Primorsko goranske | 091 125 72 10 |
| ZZJZ Ličko senjske županije | 091 504 49 17 |
| ZZJZ Virovitičko podravske | 098 46 59 45 |
| 098 46 59 44 |
| ZZJZ Požeško slavonske | 098 98 29 204 |
| ZZJZ Brodsko posavske | 091 51 70 426 |
| ZZJZ Zadarske | 098 33 27 65 |
| ZZJZ Osječko baranjske | 031 225 717 |
| ZZJZ Šibensko kninske | 091 43 41 201 |
| ZZJZ Vukovarsko srijemske | 091 37 04 290 |
| 0912700366 |
| ZZJZ Splitsko dalmatinske | 091 15 12 003 |
| ZZJZ Istarske | 099 529 44 55 |
| ZZJZ Dubrovačko neretvanske | 098 24 34 54 |
| ZZJZ Međimurske | 098 55 88 11 |
| ZZJZ Zagreb county | 099 736 87 84 |
| Croatian Institute of Public Health | 098 22 77 53 |